





The following is an itemized menu containing all the ingredients we use in each of our menu items. An "X" in the box of each allergen means that said ingredient contains that particular allergen. DISCLAIMER: As much as we strive to provide different food options for our customers, we cannot guarantee there is not any cross-contamination between our different products. Please exercise caution when ordering food that may contain or may have been exposed to your allergen. Also, be mindful not all substitutions are possible.

Appetizers	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
EGG ROLLS	_	_	_	_		_			_
Egg Rolls	X	Х							Х
Sweet Chili Sauce									
QUESADILLA									
Cheddar Jack Cheese				Х					
Tortilla	X	Х							
Yellow Onion									
Green Pepper									
Pulled Chicken									
Serrano Cream	X	X							Χ
CHEESE CURDS									
Cheese Curds	X	Х	Х	Х					
CHICKEN WINGS									
Chicken Wings	X	Х	Х						
CHICKEN TENDERS				·					
Chicken Tenders	X	Х							
CHIPS & SALSA									
Chips	X	Х							
Salsa									
VOLCANO NACHOS									
Chips	X	Х							
Cheese Sauce		Х		Х					
Cheddar Jack Cheese				Х					
Chicken									
Beef	X								
Sour Cream				Х					
Guacamole									
JUNGLE CAT CHILI									
Jungle Cat Chili									
TIKI SHRIMP									
Quinoa Fried Shrimp							Х		
Boom Boom Sauce			Х						







Vegetation Station	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
CHICKEN CAESAR SAL	AD								
Chicken Breast, Romaine, Tomatoes									
Croutons	X			Х					
Garlic Naan Bread	X	Х	Х	Х					
Caesar Dressing		Х	Х	Х				Х	
Shaved Blend Cheese				Х					
CHICKEN CLUB SALAD									
Chicken Breast, Romaine, Tomatoes, Onions, Bacon									
Cheddar Jack Cheese				Х					
CHOPPED STEAK HOU	SE								
Chicken Breast, Romaine, Tomatoes, Red Onions, Avocado and Bacon									
Smoked Gouda Cheese				X					
Eggs (Hard Cooked)			Х						
Chipotle Sauce		Х	Х	Х					
Parmesan Peppercorn Dressing		Х	х	Х					

Kids Menu	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
SLIDERS									
Bun	X	Χ							X
Beef Patties									
Butter for Bun		X		X					
American Cheese		X		X					
HOT DOG									
Bun	X	Χ							
Hot Dog									
GRILLED CHEESE									
Bread	Х								
Butter Blend		Χ		Χ					
American Cheese		Χ		Χ					
CHICKEN TENDERS									
Chicken Tenders	X	Х							
MAC & CHEESE									
Mac and Cheese	Х			Χ					







Wraps	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
CHICKEN CAESAR WRA	AP	_	_	_		_			
Chicken Zips		Х							
Tortilla	Х	Х							
Shaved Blend Cheese				Х					
Caesar Dressing		Х	Х	Х				Х	
Romaine									
COASTAL CHICKEN CL	UB WRAP								
Chicken Zips		Х							
Tortilla	Х	Х							
Cheddar Jack Cheese				Х					
Romaine, Tomatoes,									
Red Onions, Bacon									
THE BIG GREEK WRAP									
Gyro Meat	Х	Х							
Cucumber Wrap	Х	Х							
Romaine, Tomatoes, Red Onions									
Tzatziki Sauce				Х					
BOOM BOOM WRAP									
Quinoa Fried Shrimp							Х		
Lettuce, Tomato and Avocado									
Boom Boom Sauce			X						
Garlic Herb Wrap	X	X							
Dressings/Sauces	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
Ranch		X	X	Х					
Blue Cheese		X	X	X					
Italian		X							
French		X							
1000 Island		X	X						
Caesar Dressing		X	X	X				X	
Balsamic Vinaigrette		X							
Parmesan Peppercorn		X	X	X					
Chipotle Cream		X	X	X				-	
Honey Mustard		X	X					-	
BBQ Sauce								-	
Buffalo Sauce								-	
Sweet Chili Sauce								_	
Boom Boom Sauce		X	X						
Mayonnaise		X	X						
Tartar		X	X						
Marinara	+		- '		+		1	+	







Beach Bum Burgers	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
LI'L MOLLY									
Brioche Bun	Χ	Х							
Butter for Bun		Χ		Χ					
Beef Patty									
Cheese				Χ					
BIG MONTY									
Brioche Bun	Χ	Х							
Butter for Bun		Χ		Χ					
Beef Patty									
Pepper Jack Cheese				Χ					
Fried Jalapeño	Χ								
Bacon									
Chipotle Sauce		Х	X	Χ					
MUSHROOM SWISS									
Brioche Bun	Х	Χ							
Butter for Bun		Х		Χ					
Swiss Cheese				Χ					
Onion Tanglers	Χ	Χ		Χ					
Garlic Peppercorn Mayo		X	X						
Beef Patty, Mushrooms									
BLACK & BLEU									
Brioche Bun	Χ	Х							
Butter for Bun		Χ		Χ					
Blue Cheese				Χ					
Amber Ale Onions	Χ	Χ							
Worcestershire Sauce						· ·		X	
Beef Patty, Cajun Seasoning									

Sides	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
Applesauce									
Potato Chips		Х							
Cottage Cheese				Х					
Coleslaw		Х	Х						
French Fries		Х							
GARDEN SALAD									
Romaine, Tomatoes, Red Onions, Cucumbers									
Croutons	Х			Х					
Shredded Cheese				Х					







Island Sandwiches	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
SLIDERS									
Bun	Χ	Χ							X
Butter for Bun		Х		Χ					
Beef Patties									
American Cheese		Х		X					
Chicken	Χ	Х							
YUCATAN CHICKEN									
Bun	Χ	Х							
Butter for Bun		Х		Χ					
Chicken, Avocado, Onions									
Chipotle Sauce		Х	Х	Χ					
Pepperjack Cheese				Χ					
ISLAND BUZZARD									
Bun	Χ	Х							
Butter for Bun		Х		Χ					
Chicken									
Lettuce, Tomato									
MEDITERRANEAN VEG	GIE								
Garlic Naan Bread	Χ	Х	Х	Х					
Roasted Red Pepper Pesto				Χ					
Feta Cheese				Χ					
Eggplant, Zucchini, Bell Peppers, Spinach									
BLT									
White Bread	Х	Х							
Bacon, Lettuce, Tomato									
Mayonnaise		Χ	Χ						

Soups	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
Clam Chowder	Х			Χ			Χ	X	
Chicken Noodle	X	Х	Х						
Broccoli Cheese	X			Χ					
Chicken Dumpling	X	Х	Х	Χ					
Roasted Corn & Shrimp Chowder	Х	X		Х			Х		







Entrees	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
MARGARITA CHICKEN	GRAIN BOV	VL	_	_	_	II QU	T.TOTE	_	_
Chicken Breast, Corn Blend, Black Beans, Vegetables and Grains									
Margarita Dressing		Х							
PARADISE MAC & CHE	ESE								
Elbow Macaroni	Х								
Alfredo Sauce				Х					
Butter				Х					
Five Cheese Blend				Х					
Lemon Juice									
Garlic									
Panko Bread Crumbs	Х								
Parmesan Cheese				Χ					
BAJA FISH TACOS									
Cod								Х	
Tortillas	Х	Х							
Deep Fried Avocado	X	Х		Х					
Lime Slaw		Х							
Cabbage, Carrots									
Serrano Cream	Х	Х							Χ
KICKIN' CHICKEN TACC	S								
Fried Chicken	Х	Х							
Lime Slaw		Х							
Bleu Cheese Crumble				Х					
Avocado Ranch			Х	Х					
Tortilla	Х	Х							







Paradise Pizza	Gluten	Soy	Egg	Milk	Peanut	Tree Nut	Shell Fish	Fin Fish	Sesame
PIZZA CRUSTS, CHEES	E & SAUCE								
Gluten Free Crust		Χ	Χ						
16" Pizza Crust	Χ	Χ							
10" Pizza Crust	Χ	Χ							
Mozzarella Cheese				X					
Pizza Sauce									
PARADISE SUPREME									
Pepperoni, Sausage, Bell Peppers, Onions, Olives, Mushrooms									
BUFFALO CHICKEN									
Grilled Chicken Breast		Х							
Buffalo Cream Cheese Sauce				Χ					
Cheddar				Χ					
Red Onion									
VOLCANO PIZZA									
Canadian Bacon, Pineapple, Grilled Chicken Breast, Jalapeños									
Chipotle BBQ		Χ							